

Skating Tips

To protect skaters from cold temperatures and injury from skate blades and rough ice in the event of falling, helmets, hats, and gloves or mittens should be worn.



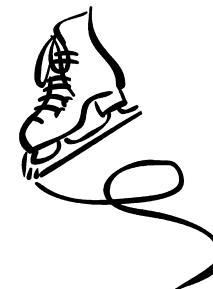
Skates should be 1/2 to 1 size smaller than the skater's street shoe size. Skaters should wear one pair of thin socks or tights for maximum support. A skate should be unlaced before putting it on, and then tightly re-laced. If a skater's heel lifts up and down or there is inadequate ankle support, a smaller ice skate should be worn. If toes feel cramped in the skate boot, a larger size should be worn.

SAN MIGUEL COUNTY
**Not responsible for accidents
or injury.**

**NORWOOD PARK &
RECREATION DISTRICT**
**Not responsible for accidents
or injury.**



**NO ALCOHOL
ALLOWED ON
PREMISES.**



San Miguel County Fairgrounds

*Ice Palace Skating
Rink Rules &
Regulations*

Emergency Numbers

*Medical: Call 911 - There is a
911 phone on the north side of
the Event Center*

*Emergency Facility Maintenance:
Milt Spor 327-0159*

San Miguel County Fairgrounds

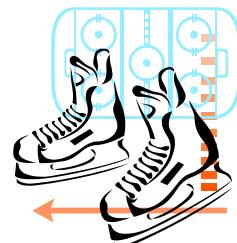
Rules & Regulations

1. SKATE AT YOUR OWN RISK.
2. All participating individuals must have a properly executed and signed liability waiver turned in prior to skating. Parents must execute a liability waiver for all individuals under the age of 18. Liability waivers are located in the information nook at the southwest corner of the skating rink.
3. Skating in a manner that endangers or interferes with other skater's safety or pleasure is strictly prohibited.
4. Roughness, excessive speeding or weaving through other skaters is prohibited. Please do not skate fast during busy sessions.
5. Please skate counter-clockwise, unless directed otherwise. Please skate with the flow of skaters.
6. Skaters must leave the ice promptly when requested.
7. Beginner skaters should skate along the outside of rink.



8. No one is permitted on ice without skates, unless scheduled under special session.
9. Skaters are not allowed to carry children or secondary items such as cell phones, cameras, handbags, headsets, etc., while skating.
10. Skates are allowed only on the ice.
11. Please do not carry food, drink or cigarettes onto the ice.
12. No more than two skaters may join hands.
13. Throwing Snowballs or any objects is strictly prohibited.
14. No dogs or pets of any kind are permitted on the premises. No glass containers permitted on premises.
15. Jumps and spins are allowed only at center ice and during non-peak hours.
16. Children under 10 years of age must be accompanied by an adult on the ice.

17. All children under 10 must wear a helmet. It is recommended that all individuals wear helmets.
18. Failure to follow any of the above rules will result in an immediate termination of use of the facility.
19. Intentional damage to facility shall result in a seasonal ban to the individual/s and/or prosecution.
20. All Fairgrounds Policies & Procedures apply to use of facility.



Comments or suggestions?
*There is a suggestion box in the information nook.
Or please contact
DeeAnna Burbridge,
Fairgrounds Manager:
327-4321
smcfairgrounds@yahoo.com*